Introduction
The Affordable Care Act (ACA) expands Medi-Cal benefits to nearly all individuals with low incomes. Individuals experiencing homelessness can significantly benefit from this coverage expansion; however, they face a number of barriers when accessing needed care and require additional resources to effectively manage. In an effort to better assist participating providers and their partners with hospital and skilled nursing facility (SNF) discharges for the homeless population, Health Net’s Public Programs Department, has developed county-specific resource guides for providing Medi-Cal and Health Net Cal MediConnect Plan (Medicare-Medicaid plan) services to homeless individuals.

General Hotline Numbers
The following contact information and resources are subject to change without notice.
- Health Net Medi-Cal Member Services (800) 675-6110
- Child Protective Services (858) 560-2191
- Adult Protective Services (800) 510-2020
- Suicide Prevention (888) 724-7240
- County Dept. Behavioral Health Svs (888) 724-7240
- Mental Health Crisis (888) 724-7240
- Domestic Violence (858) 581-5800
- San Diego Housing Authority (858) 694-4801
- 211 San Diego County 211
  o This database of resources in San Diego County includes organizations that help with housing, meals, clothing, transportation, mental health, crisis services, employment resources, legal, youth and family services, free cell phones, and more.

Hospital Discharge Options
Recuperative care centers provide immediate housing, intensive case management and primary care for post-hospital treatment. Patients are picked up from the hospital, provided their own room and immediately established with a primary care provider and case management team. Case managers check-in daily with their patients, take them to follow-up appointments and ensure they eat and take their medications. Additional medical care, and addiction and mental health care services are addressed.

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone Number</th>
<th>Beds</th>
</tr>
</thead>
<tbody>
<tr>
<td>San Diego Rescue Mission</td>
<td>P.O. Box 80427, San Diego, CA 92138</td>
<td>(619) 819-1760</td>
<td>27 beds</td>
</tr>
</tbody>
</table>

Skilled Nursing Facilities
Health Net contracts with a large number of skilled nursing facilities (SNFs) in California; which are listed in the supplemental attachment Health_Net_SNF_Listing.pdf. This list includes types of member needs each SNF can accommodate, such as trach, vent, bariatric beds, wound care, hospice, mental health, dementia, homeless assistance, and locked unit.
Quick Resource Guide for Medi-Cal and Cal Medi-Connect (Medicare-Medicaid) Homeless Members in San Diego County

Homeless Shelters

The shelters listed below vary by length of stay and qualifications. Meals and other supportive services are often offered. Additionally, many of these sites have programs or provide links to stable housing solutions. Shelters often have waiting lists and individuals may not be able to obtain services immediately.

Some shelters also provide access centers where homeless men, women and children can obtain help from external resources, as needed; for example, connecting to local community services, applying for Supplemental Security Income (SSI), obtaining identification cards (e.g. driver’s license, birth certificate), obtaining food, and finding assistance with housing.

<table>
<thead>
<tr>
<th>Shelter</th>
<th>Address</th>
<th>Phone Number</th>
<th>Shelter Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>City of San Diego Resource Line - Provides most up-to-date resources</td>
<td>Greater San Diego North County Coastal North County Inland From Outlying Areas</td>
<td>(619) 230-0997 (760) 943-0997 (760) 740-0997 1-800-227-0997</td>
<td></td>
</tr>
<tr>
<td>17th Street Shelter</td>
<td>550 West Washington Ave. Suite B Escondido, CA 92025</td>
<td>(619) 489-6380</td>
<td>Women only</td>
</tr>
<tr>
<td>Casa Nueva Vida</td>
<td>430 F St. Chula Vista, CA 91910</td>
<td>(619) 420-3620</td>
<td>Men, women and children</td>
</tr>
<tr>
<td>Family Transitional Housing</td>
<td>1501 Imperial Ave. San Diego, CA 92101</td>
<td>(619) 233-8500</td>
<td>Men with children and families</td>
</tr>
<tr>
<td>House of Hope</td>
<td>1948 West Orange El Centro, CA 92243</td>
<td>(760) 352-1182</td>
<td>Women and children</td>
</tr>
<tr>
<td>Interfaith Shelter Network - Inland</td>
<td>349 Cedar St. San Diego, CA 92101</td>
<td>(619) 231-2828</td>
<td>Men, women and children</td>
</tr>
<tr>
<td>Interfaith Shelter Network - North County Coastal Branch</td>
<td>656 Second St. Encinitas, CA 92024</td>
<td>(760) 753-8300</td>
<td>Men, women and children</td>
</tr>
<tr>
<td>La Posada de Guadalupe</td>
<td>2478 Impala Drive Carlsbad, CA 92008</td>
<td>(619) 929-2322</td>
<td>Men</td>
</tr>
<tr>
<td>Neuva Vida Haven</td>
<td>120 Elm St. San Diego, CA 92101</td>
<td>(619) 819-1844</td>
<td>Women and children</td>
</tr>
<tr>
<td>Our Lady of Guadalupe</td>
<td>545 Encinas Ave. Calexico, CA 92231</td>
<td>(760) 357-0894</td>
<td>Men</td>
</tr>
<tr>
<td>PATH – Connections</td>
<td>Call for sites.</td>
<td>(619) 786-2809</td>
<td>Housing linkage</td>
</tr>
<tr>
<td>Rachel’s Night Shelter</td>
<td>759 Eighth St. San Diego, CA 92101</td>
<td>(619) 696-0873</td>
<td>Women</td>
</tr>
<tr>
<td>Winter Shelter</td>
<td>Call for sites.</td>
<td>(619) 497-0142</td>
<td>Men, women and children</td>
</tr>
</tbody>
</table>

Sober Living Facilities

Sober living homes provide abstinence-based, safe and supportive residential environments for individuals recovering from alcoholism and drug addiction. Sober living has been proven to dramatically improve recovery outcomes. The cost of sober living facilities ranges from $350 to $800 per month.
Quick Resource Guide for Medi-Cal and Cal Medi-Connect (Medicare-Medicaid) Homeless Members in San Diego County

Sober living homes do not provide treatment or counseling services for which a treatment facility license is required, as defined in California law. Sober living homes are also not able to provide care and supervision to severely physically and mentally disabled persons as defined by the State Community Care Licensing Law.

Recovering individuals who are referred to sober living homes must meet the following requirements:
- Be able to fully take care of themselves on a daily basis, and
- Be active in their personally developed recovery program.

For additional information or to find sober homes in Los Angeles, Orange, San Diego, Ventura, Riverside, and San Bernardino counties, contact the Sober Living Network as follows:
- http://soberhousing.net/index.html
- 1-800-799-2084

HIV/AIDS Housing Options and Waiver Program
Members with HIV/AIDS can access specialized housing vouchers via Housing Opportunities for Persons with AIDS (HOPWA). To qualify, members must have HIV/AIDS diagnoses and be low-income per Housing and Urban Development (HUD) requirements. The HIV/AIDS waiver program provides case management, skilled nursing care, attendant care, psychotherapy, home-delivered meals, nutritional counseling, nutritional supplements, medical equipment and supplies, minor physical adaptations to the home, non-emergency medical transportation, and financial supplements for foster care.
- For housing assistance, visit http://npin.cdc.gov/ca/ and select HIV Supportive Services > Housing Assistance.
- Providers who need assistance with the HIV/AIDS waiver program may refer to the attached AIDS_Waiver_Contractors.pdf list.

SNF Discharge Options

California Community Transitions Project (CCT)
The Department of Health Care Services oversees the California Community Transitions Project, which is a Medi-cal waiver benefit. The Department of Health Care Services contracts with Lead Organizations (such as home health agencies and independent living centers) to identify eligible Medi-Cal beneficiaries who have continuously resided in state-licensed health care facilities for a period of 90 consecutive days or longer.

Lead organizations provide care coordination services to assist in transitioning members out of SNFs back into the community. To qualify:
- The member must have been in the SNF for 90 consecutive days (with approved treatment authorization request in place).
- The member must have Medi-Cal and no share-of-cost (SOC).

Eligible individuals of all ages with physical and mental disabilities may participate.

The most common options for repatriation available are:
- Section 8 vouchers – a number of vouchers were set aside for California Community Transitions use only.
Quick Resource Guide for Medi-Cal and Cal Medi-Connect (Medicare-Medicaid) Homeless Members in San Diego County

- Connect to assisted living waiver.
- Move back home. If the member qualifies for CCT, the CCT program pays for:
  - home modification (up to $7,500)
  - assistive devices (up to $7,500)
  - furniture and household items (up to $3,000)
  - in-home supportive services (IHSS) as needed
- Enroll member in In-Home Operations or Nursing Facility waiver, if applicable.

All members who transition receive long-term services and supports (LTSS) as identified in their individual comprehensive service plans. These members are followed for a period of one year to ease transitions and ensure minimal complications with relocations.

The following lead organization is the largest and most successful organization in southern California for transitioning members out of SNFs. It serves individuals in Imperial, Kern, Los Angeles, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, and Ventura counties.

- Libertana Home Health of Sherman Oaks (LHH)
  - Contact Yanine Villafrana:
    - via email at yvillafana@libertana.com
    - by phone at 1-800-750-1444, extension 205

Other lead organizations may also be available as listed in www.dhcs.ca.gov/services/ltc/Documents/CCT_Lead_Organizations.pdf.